



KINGDOM
— GROWTH —

COLOR — THROUGH THE — FIRE



A Scripture Coloring and
Reflection Companion for
Difficult Seasons

*The life you planned
may have changed.
Your purpose is not over.*

Matthew 6:33 KJV

ANGELA CONNER FOLAND

Kingdom Growth



WHEN YOU
WALK
THROUGH THE
FIRE

*When thou passest through the waters,
I will be with thee; and through the rivers,
they shall not overflow thee: when thou
walkest through the fire, thou shalt
not be burned; neither shall the
flame kindle upon thee.*

ISAIAH 43:2 KJV

When You Walk Through the Fire

ISAIAH 43:2 KJV

“When thou passest through the waters, I will be with thee; and through the rivers, they shall not overflow thee: when thou walkest through the fire, thou shalt not be burned; neither shall the flame kindle upon thee.”

A SHORT REFLECTION

Hard seasons can feel relentless, but God does not abandon us in the fire. His presence does not always remove the hardship immediately, yet He remains with us, strengthens us, and carries us through what we could not survive alone.

REFLECT

Where do I most need to remember that God is with me in this fire?

RELEASE

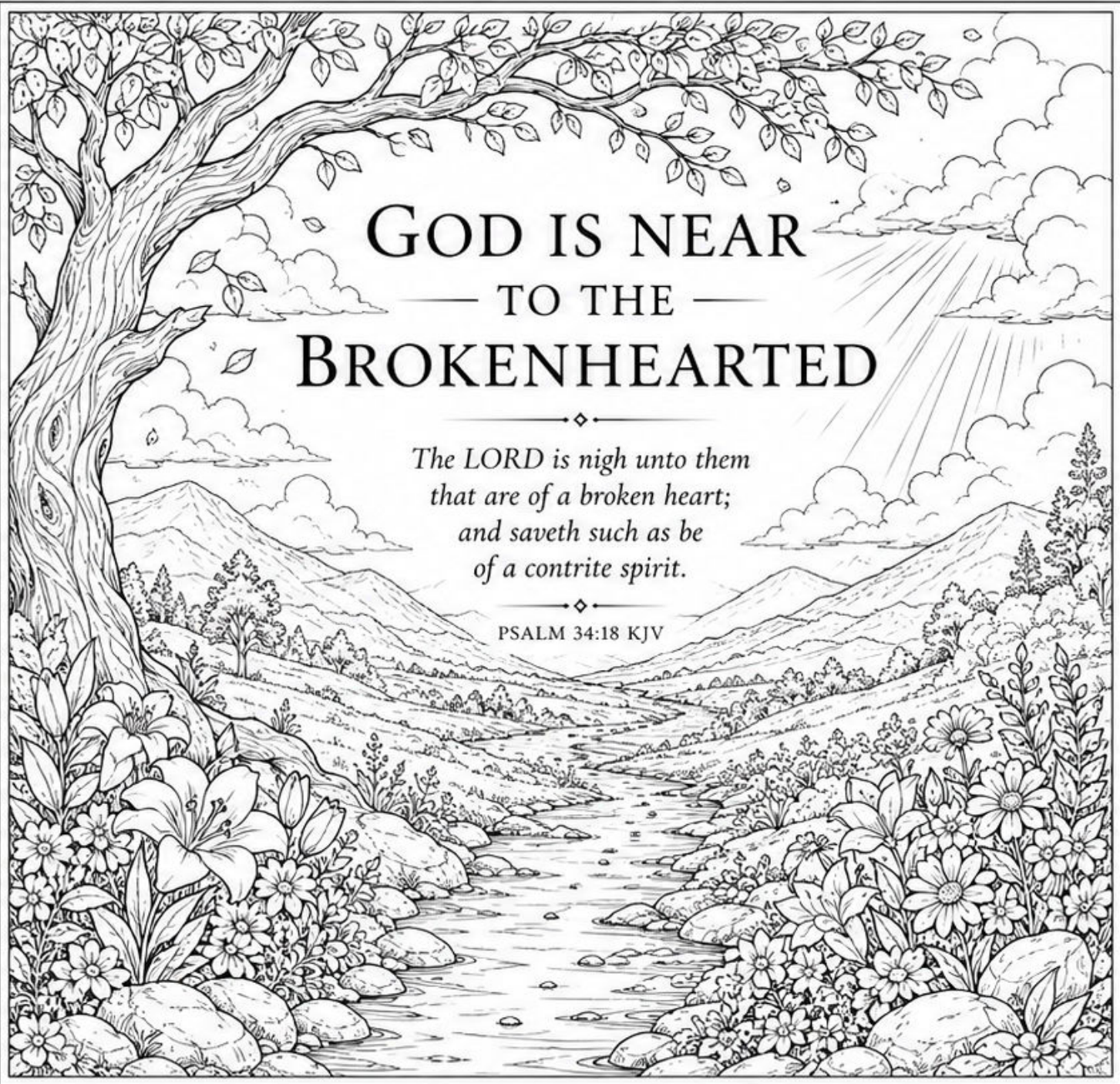
What fear, burden, or unanswered question do I need to place into God's hands today?

TRUTH TO REMEMBER

God does not abandon me in the fire. His presence is with me here.

A PRAYER

Lord, when this season feels too heavy, remind me that I am not walking through it alone. Be my strength, my peace, and my steady hope in the fire. Amen.



GOD IS NEAR — TO THE — BROKENHEARTED

*The LORD is nigh unto them
that are of a broken heart;
and saveth such as be
of a contrite spirit.*

PSALM 34:18 KJV

God Is Near to the Brokenhearted

PSALM 34:18 KJV

*“The LORD is nigh unto them that are of a broken heart;
and saveth such as be of a contrite spirit.”*

A SHORT REFLECTION

Some wounds stay tender longer than others. God does not ask you to hide heartbreak. He draws near to the crushed places and stays close while He heals what grief has touched.

REFLECT

Where do I most need to remember that God is near to my broken heart?

RELEASE

What pain, disappointment, or unanswered ache do I need to place before God today?

TRUTH TO REMEMBER

God is near to my brokenhearted places.

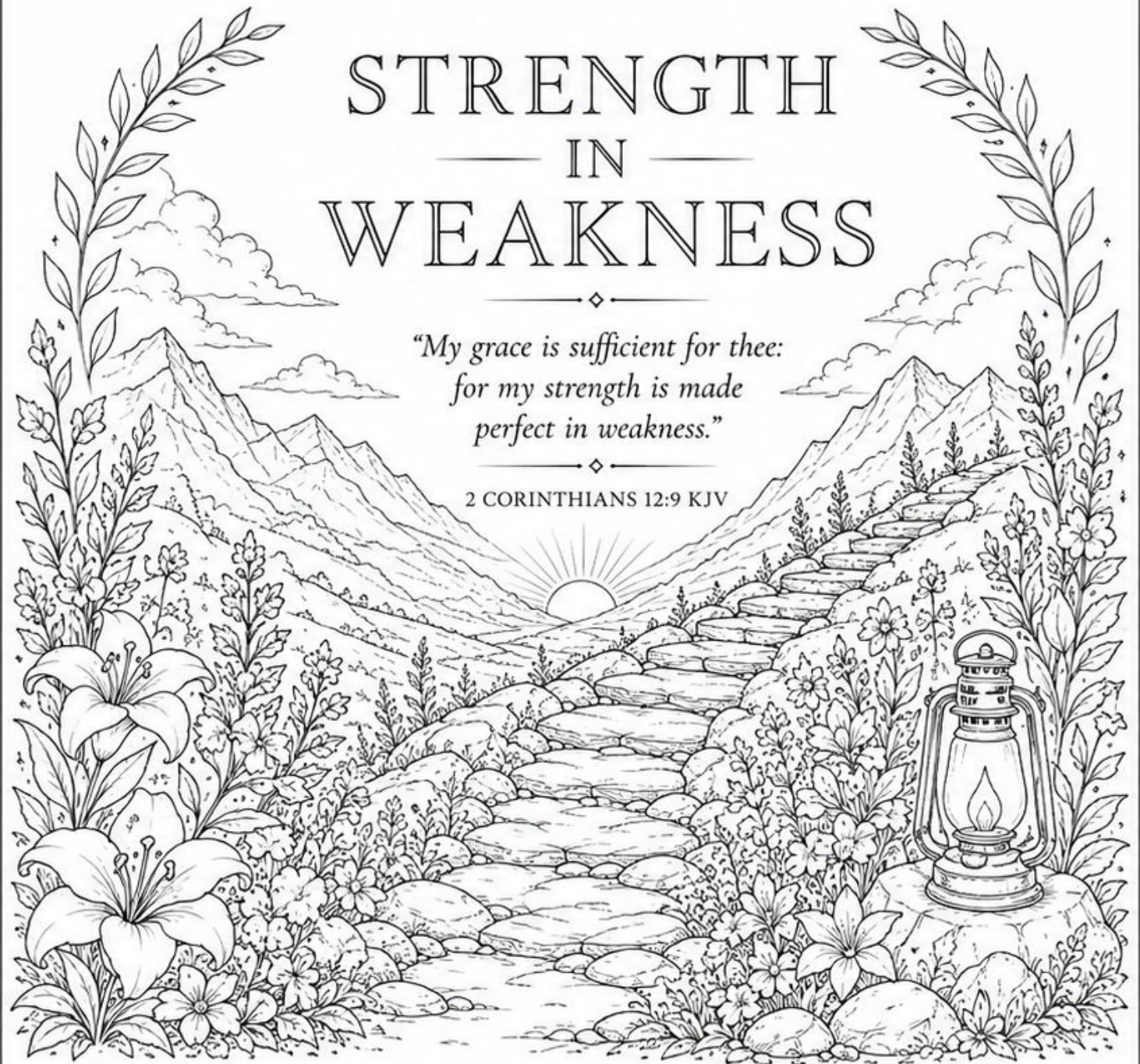
A PRAYER

Lord, stay close to me in this grief. Hold what feels shattered, comfort what aches, and remind me that I am not abandoned. Amen.

STRENGTH — IN — WEAKNESS

*"My grace is sufficient for thee:
for my strength is made
perfect in weakness."*

2 CORINTHIANS 12:9 KJV



Strength in Weakness

2 CORINTHIANS 12:9 KJV

“My grace is sufficient for thee: for my strength is made perfect in weakness.”

A SHORT REFLECTION

Weakness does not disqualify you from God's care. It becomes the place where His strength meets your limits and sustains you one step at a time.

REFLECT

Where have my limits become most obvious in this season?

RELEASE

What would it look like to lean on God's strength instead of pretending I have enough of my own?

TRUTH TO REMEMBER

God's strength meets me in my weakness.

A PRAYER

Lord, I do not have to be strong enough for everything.
Let Your grace steady me and Your strength carry what I cannot. Amen.

—◆—
HELP FOR THE
OVERWHELMED
HEART
—◆—

*From the end of the earth will I cry
unto thee, when my heart is overwhelmed:
lead me to the rock that is
higher than I.*

—◆—
PSALM 61:2 KJV

Help for the Overwhelmed Heart

PSALM 61:2 KJV

"From the end of the earth will I cry unto thee, when my heart is overwhelmed: lead me to the rock that is higher than I."

A SHORT REFLECTION

Overwhelm can make every need feel urgent at once. God invites you to cry out honestly and asks not for polished composure, but for dependence on the Rock that is higher than you.

REFLECT

What feels most overwhelming to my heart right now?

RELEASE

What one burden do I need to place into God's hands instead of carrying alone?

TRUTH TO REMEMBER

When my heart is overwhelmed, God hears me.

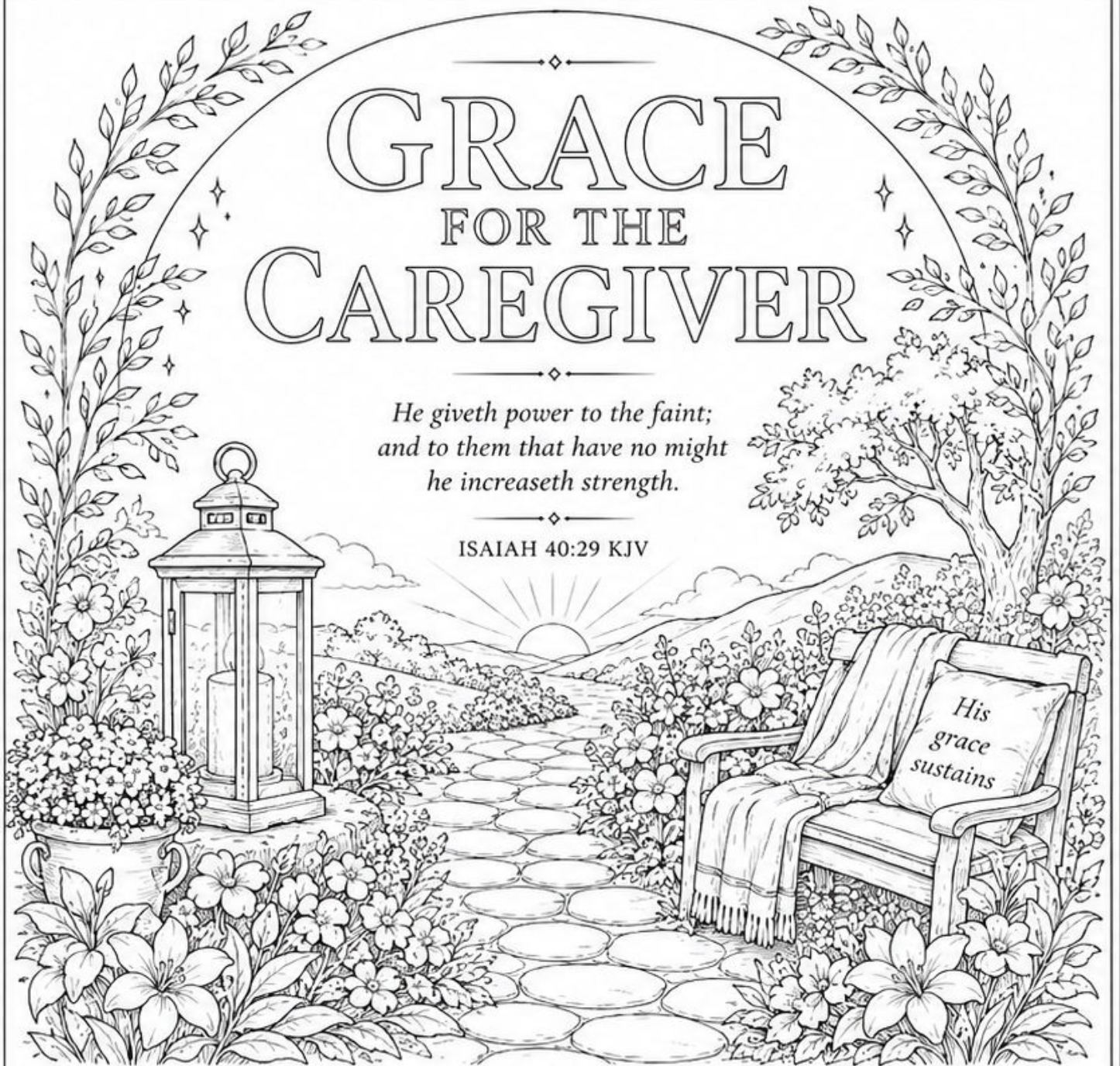
A PRAYER

Lord, lead me to the Rock that is higher than I am. Lift me above panic, steady my heart, and give me peace for this moment. Amen.

GRACE FOR THE CAREGIVER

*He giveth power to the faint;
and to them that have no might
he increaseth strength.*

ISAIAH 40:29 KJV



Grace for the Caregiver

ISAIAH 40:29 KJV

*“He giveth power to the faint; and to them that have no might
he increaseth strength.”*

A SHORT REFLECTION

Caregiving can drain the body, mind, and spirit. God sees the faint places no one else notices and gives strength for the work, love, and endurance this season requires.

REFLECT

Where am I most tired or depleted as I care for others?

RELEASE

What help, rest, or support do I need permission to receive?

TRUTH TO REMEMBER

God gives strength to the weary caregiver.

A PRAYER

Lord, You see my exhaustion. Renew my strength, protect my heart,
and help me receive the grace and support I need today. Amen.

—◆—
FAITH
WHEN YOU
CANNOT SEE
THE OUTCOME
—◆—

For we walk by faith, not by sight:

2 CORINTHIANS 5:7 KJV

Faith When You Cannot See the Outcome

2 CORINTHIANS 5:7 KJV

"For we walk by faith, not by sight:"

A SHORT REFLECTION

Not knowing the outcome can feel frightening and exhausting. Faith is not pretending certainty. It is trusting God enough to keep walking even when the whole path is not visible.

REFLECT

Where am I being asked to trust God without seeing the full outcome?

RELEASE

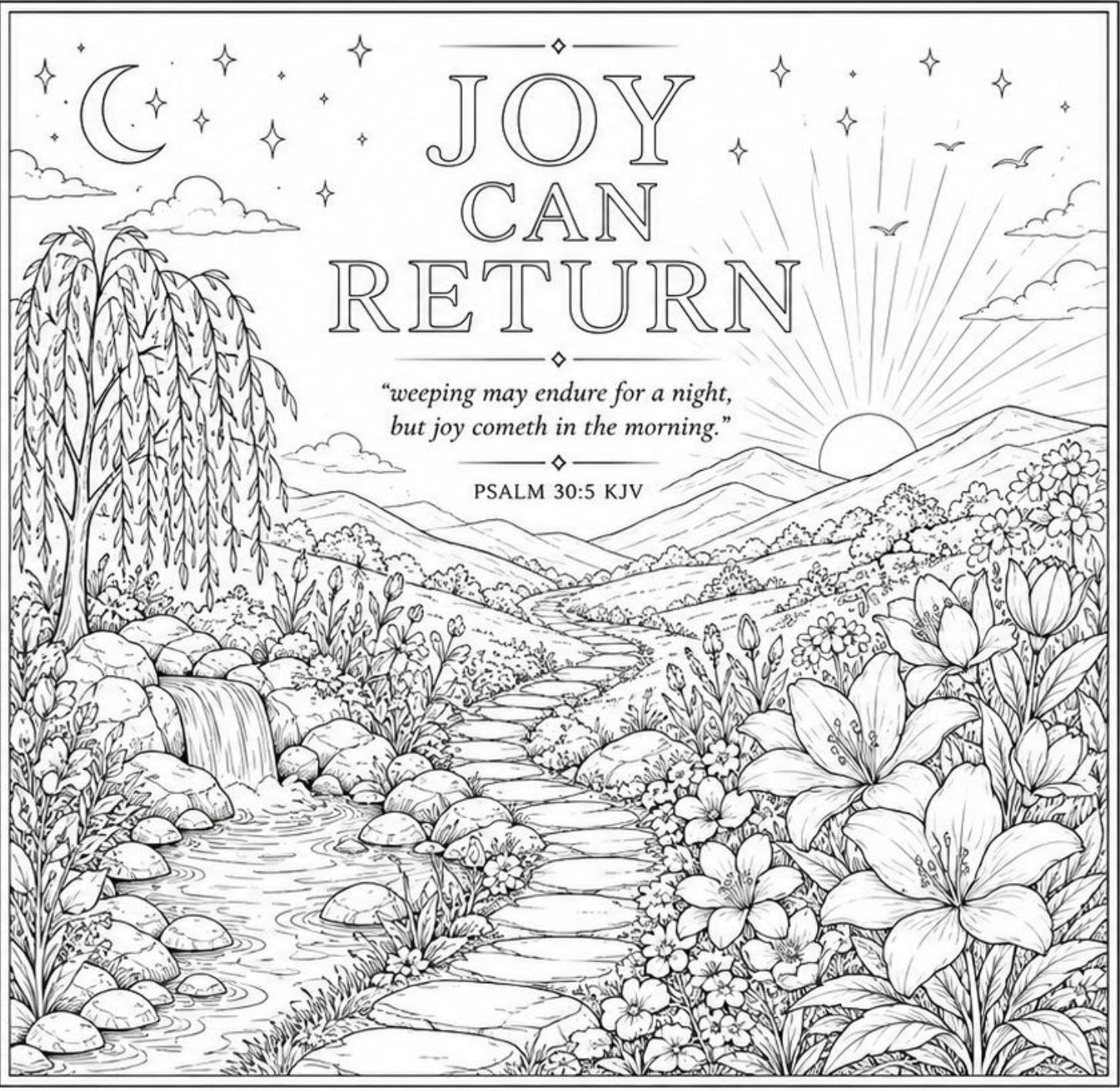
What future detail do I need to stop forcing and place in God's hands?

TRUTH TO REMEMBER

I can keep walking even when I cannot see the whole way.

A PRAYER

Lord, teach me to walk by faith and not by sight. Give me courage for the unseen parts of this journey and peace for the questions that remain. Amen.



JOY CAN RETURN

*"weeping may endure for a night,
but joy cometh in the morning."*

PSALM 30:5 KJV

Joy Can Return

PSALM 30:5 KJV

“weeping may endure for a night, but joy cometh in the morning.”

A SHORT REFLECTION

Sorrow can last longer than you expected, but it does not have the final word. God can carry you through the night and slowly restore gladness, beauty, and breath to a weary soul.

REFLECT

Where do I need hope that joy can return?

RELEASE

What would it look like to make room for small signs of joy again?

TRUTH TO REMEMBER

This night is not forever; joy can return.

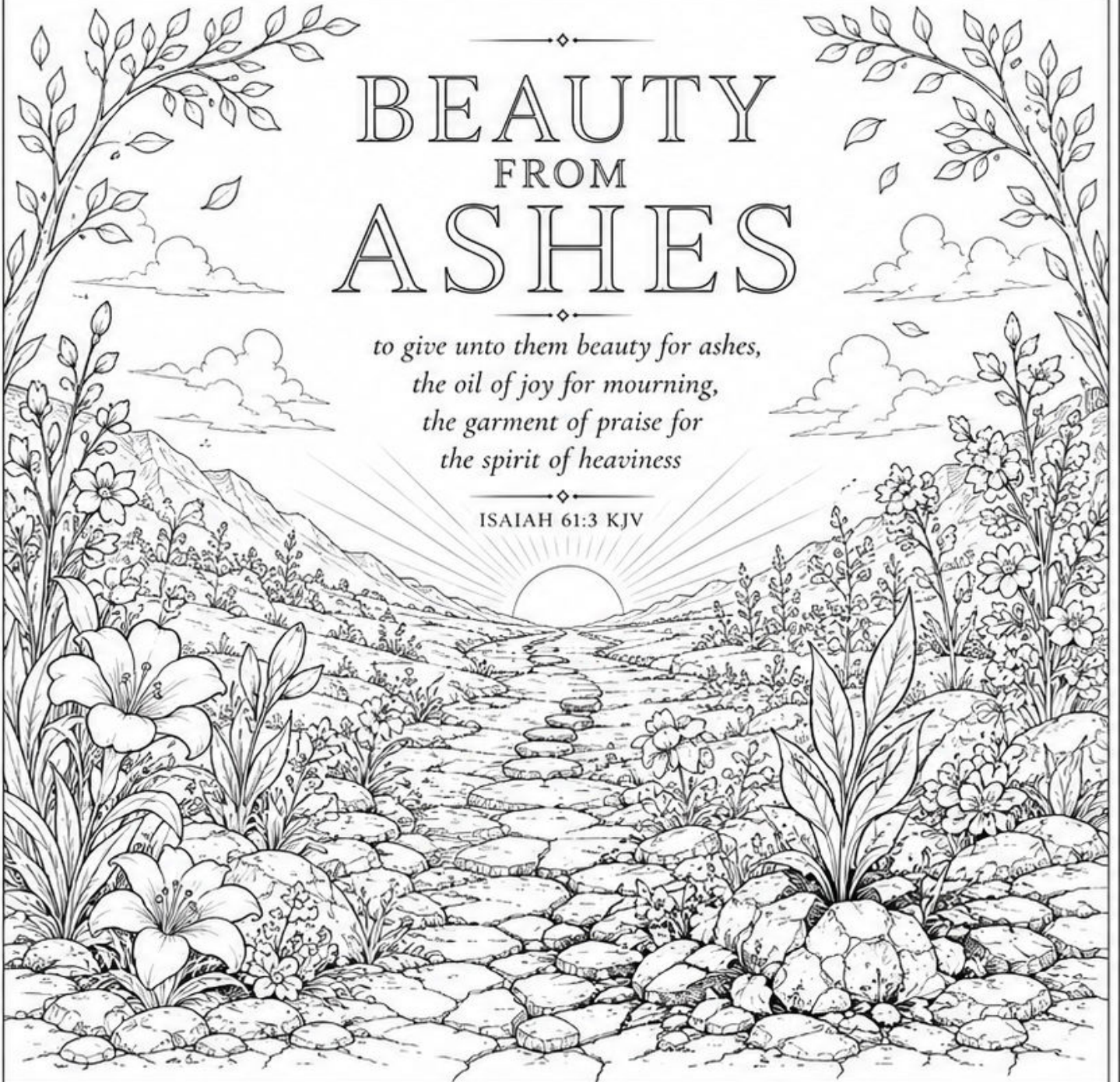
A PRAYER

Lord, meet me in the night and help me believe that morning will come. Restore hope, brighten dim places, and teach my heart to receive joy again. Amen.

BEAUTY FROM ASHES

*to give unto them beauty for ashes,
the oil of joy for mourning,
the garment of praise for
the spirit of heaviness*

ISAIAH 61:3 KJV



Beauty From Ashes

ISAIAH 61:3 KJV

*“to give unto them beauty for ashes, the oil of joy for mourning,
the garment of praise for the spirit of heaviness”*

A SHORT REFLECTION

God does not waste broken seasons. He can bring beauty out of devastation and plant praise where heaviness once settled, even when the process is slow.

REFLECT

Where do I most need God to bring beauty from ashes in my life?

RELEASE

What ashes, grief, or heaviness do I need to surrender to God today?

TRUTH TO REMEMBER

God can bring beauty from ashes.

A PRAYER

Lord, take what feels ruined and breathe new life into it. Replace heaviness with hope and teach me to look for the beauty You are still forming. Amen.
